

SHUANG LU

Email: shuanglu@ucf.edu

ACADEMIC POSITIONS

- 1/2023–present **Assistant Professor**
University of Central Florida, School of Social Work
- 8/2017–12/2022 **Assistant Professor**
University of Hong Kong, Department of Social Work and Social Administration
- 9/2016–5/2017 **Part-time Lecturer**
Rutgers University, School of Social Work
- 9/2016–7/2017 **Postdoctoral Research Associate**
Rutgers University, School of Social Work, Huamin Research Center

AFFILIATIONS/VISITING APPOINTMENTS

- 1/2023–present **Honorary Assistant Professor**
University of Hong Kong, Department of Social Work and Social Administration
- 3–6/2022 **Visiting Scholar**
University of Chicago, Crown Family School of Social Work, Policy, and Practice
- 1–2/2022 **Visiting Research Faculty**
Yale University, School of Medicine, Child Study Center
- 8/2017–present **Research Affiliate**
Rutgers University, School of Social Work, Huamin Research Center

EDUCATION

- Ph.D. School of Social Work, Rutgers University
- M.S.W. School of Social Work, Rutgers University
- B.A. Department of Social Work, Anhui Normal University

AREAS OF INTEREST

- Research:** Youth mental health; urban inequality; resilience; migration/immigration; community-based intervention; mindfulness; nonprofit capacity building
- Teaching:** Human behavior and social environment; research methods; social development; international social work; nonprofit management

AWARDS

- 2020 **Early Career Teaching Award**
University of Hong Kong
- 2017 **Dean's Award for Outstanding Doctoral Dissertation**
Rutgers University School of Social Work
- 2016 **Emerging Scholar Award**
Association for Research on Nonprofit Organizations and Voluntary Action

SELECTED RESEARCH SUPPORT

- 10/2021–12/2022 Promoting psychosocial adjustment among new migrant families: A randomized controlled trial of parallel parent-child mindfulness intervention. *Hong Kong Research Grants Council, General Research Fund (#17619721)* (PI, \$69,594)
- 1/2021–12/2022 The impact of grandparenting on left-behind children’s mental health: A resilience framework. *Hong Kong Research Grants Council, General Research Fund (#17618620)* (PI, \$68,722)
- 1/2021-6/2023 A guided mobile-based perinatal mindfulness intervention – A randomized controlled trial. *Hong Kong Research Grants Council, General Research Fund (#17603520)* (Co-I, \$105,177, PI: Siu-man Ng)
- 11/2019–10/2022 Effectiveness of school-based mindfulness intervention with migrant children: Building resilience in an under-served population. *Hong Kong Research Grants Council, Early Career Scheme (#27614319)* (PI, \$80,038)
- 12/2020–12/2021 Experiences of caring and sharing good practices under COVID-19: New approaches for teaching and learning through remote means. *International Association of Schools of Social Work International Projects* (Co-I; \$1,250, PI: Antonio López Peláez)
- 11/2020–6/2021 Promoting emotional wellbeing of migrant youth through school-based mindfulness training. *University of Hong Kong, Knowledge Exchange Impact Project (#KE-IP-2020/21-88)* (PI, \$19,157)
- 9/2020–8/2022 Building emotional resilience in Hong Kong families – Professional capacity building for family social workers. *Jockey Club Charities Trust* (Co-PI, \$1,407,970, PI: Daniel Wong)
- 3/2020–9/2020 Dispel misunderstandings and promote mutual acceptance between local and mainland college students in Hong Kong – A randomized controlled trial of an intervention grounded on Intergroup Contact Theory. *Hong Kong Government, Policy Innovation and Co-ordination Office, Public Policy Research Fund (#SR2020.A8.025)* (Co-I; \$53,268, PI: Siu-man Ng)
- 9/2019–6/2020 Enhancing family wellness through parallel parent-child mindfulness intervention in migrant communities. *University of Hong Kong Knowledge Exchange Impact Project (#KE-IP-2019/20-65)* (PI, \$10,540)
- 6/2019–5/2021 Achieving equal well-being amidst urbanization: Social inclusion of migrant children and families. *University of Hong Kong Interdisciplinary Seed Fund, Faculty of Social Sciences* (PI, \$12,847)

- 6/2018–1/2022 The further study on the phenomenon of divorce in Hong Kong.
Hong Kong Government, Home and Youth Affairs Bureau, Family Council
 (Co-I; \$547,130, PI: Paul Yip)
- 4/2018–3/2020 A psychosocial and behavioral intervention design for children from migrant
 families. *University of Hong Kong Seed Fund for Basic Research (PI, \$38,540)*

PUBLICATIONS

Peer-reviewed Articles:

(* indicates student/research staff under my supervision, ^ indicates corresponding author)

Lyu, R.,* & Lu, S.^ (in press). The efficacy of a mindfulness-based therapeutic parenting group for parents with adverse childhood experiences: A randomized controlled trial. *Mindfulness*.
<https://doi.org/10.1007/s12671-022-02054-8>

Ng, S-M., Lu, S., Wang, M., Lo, K-C., Fok, H-K., Xie, W., & Li, H.Y. (in press). Enhancing intergroup relationship between local and mainland college students in Hong Kong – An intensive contact-based intervention. *Current Psychology*. <https://doi.org/10.1007/s12144-022-04194-5>

Abdullah, A., Jordan, L. P., Lu, S., & Emery, C. R. (2022). Collective value of Abiriwatia and protective informal social control of child neglect: Findings from a nationally representative survey in Ghana. *Health & Social Care in the Community*, 30, e5745-e5754.
<https://doi.org/10.1111/hsc.14005>

Dai, X.*, Du, N., Shi, S., & Lu, S.^ (2022). Effects of mindfulness-based interventions on peer relationships of children and adolescents: A systematic review and meta-analysis. *Mindfulness*, 13, 2653-2675. <https://doi.org/10.1007/s12671-022-01966-9>

Lyu, R.,* Lu, S.^, & Ma, X. (2022). Group interventions for mental health and parenting in parents with adverse childhood experiences: A systematic review and meta-analysis. *Family Relations*. <https://doi.org/10.1111/fare.12768>

Lu, S. (2022). ‘Villagers in the city’: Resilience in migrant youth amidst urbanization. *British Journal of Social Work*. <https://doi.org/10.1093/bjsw/bcac122>

Ng, S-M., Leng, L., Chan, K. P., Lo, H. H-M., Yeung, A., Lu, S., Wang, A., & Li, H. Y. (2022). Study protocol of guided mobile-based perinatal mindfulness intervention (GMBPMI) – A randomized controlled trial. *PLOS One*, 17(7), e0270683.
<https://doi.org/10.1371/journal.pone.0270683>

Lu, S., Lyu, R.*, Hu, H.*, Ho, K.K.M.*, Barry, T., Black, D. S., & Wong, D.F.K. (2022). Parallel parent–child mindfulness intervention among Chinese migrant families: A mixed-methods feasibility study. *Research on Social Work Practice*, 32(8), 925-939.
<https://doi.org/10.1177/10497315221089684>

Wang, Y.*, Zhao, F., Emery, C., Abdullah, A., & Lu, S.^ (2022). “Invisible” children: A multiple case study on the experiences and protection of hospital-stranded children. *Child Abuse & Neglect*, 126, 105519. <https://doi.org/10.1016/j.chiabu.2022.105519>

Lu, S., Huang, C-C., Cheung, S., Rios, J. A., & Chen, Y. (2021). Mindfulness and social-emotional skills in Latino pre-adolescents in the U.S.: The mediating role of executive function. *Health & Social Care in the Community*, 29, 1010-1018. <https://doi.org/10.1111/hsc.13135>

Höltge, J., Jefferies, P., Cowden, R., Govender, K., Maximo, S., Carranza, J., Kapoor, B., Tomar, A., van Rensburg, A., Lu, S., ... & Ungar, M. (2021). A cross-country network analysis of adolescent resilience. *Journal of Adolescent Health*, 68, 580-588. <https://doi.org/10.1016/j.jadohealth.2020.07.010> (recognized as “The JAH 2021 Distinguished Dozen: Articles Making Distinguished Contributions to Adolescent and Young Adult Health”)

Ni, S., Lu, S.^, Lu, K.*, & Tan, H. (2021). The effects of parental involvement in parent-child reading for migrant and urban families: A comparative mixed-methods study. *Children and Youth Services Review*, 123, 105941. <https://doi.org/10.1016/j.chilyouth.2021.105941>

Lyu, R.*, & Lu, S.^ (2021). The experiences of reconciliation with destructive parents through Imagery Communication Group Psychotherapy. *Journal of Social Work Practice*. <https://doi.org/10.1080/02650533.2021.1952963>

Xie, Q-W., Dai, X.*, Lyu, R.*, & Lu, S.^ (2021). Effects of mindfulness-based parallel-group interventions on family functioning and child and parent mental health: A systematic review and meta-analysis. *Mindfulness*. <https://doi.org/10.1007/s12671-021-01728-z>

Lyu, Y., Yu, Y., Chen, S., Lu, S.^, & Ni, S.^ (2021). Positive functioning at work during COVID-19: Posttraumatic growth, resilience, and emotional exhaustion in Chinese frontline healthcare workers. *Applied Psychology: Health and Well-being*, 13, 871-886. <https://doi.org/10.1111/aphw.12276>

Zhang, S., Ni, S., Chen, M., & Lu, S. (2021). Effectiveness of VR-based mindfulness on psychological and physiological health: A systematic review. *Current Psychology*. <https://doi.org/10.1007/s12144-021-01777-6>

Zhang, Y., Chen, Z., Lu, S., & Ni, S. (2021). Are mindful people more risk-averse? Effects of trait and state mindfulness on risk preference in decision-making. *International Journal of Psychology*, 56, 407-414. <https://doi.org/10.1002/ijop.12716>

Lu, S. (2020). Family migration and youth psychosocial development: An ecological perspective. *Children and Youth Services Review*, 113. <https://doi.org/10.1016/j.chilyouth.2020.104953>

Huang, C-C., Lu, S.^, Rios, J., Chen, Y., Stringham, M., & Cheung, S. (2020). Associations between mindfulness, executive function, social-emotional skills, and quality of life among

Hispanic children. *International Journal of Environmental Research and Public Health*, 17, 7796. <https://dx.doi.org/10.3390/ijerph17217796>

Lu, S., Deng, G., Huang, C-C., & Lu, K.* (2020). Transparency and resource allocation of grassroots nonprofits in China. *Voluntas: International Journal of Voluntary and Nonprofit Organizations*, 31, 1188-1200. <https://doi.org/10.1007/s11266-020-00230-9>

Li, S. J., **Lu, S.**, Ni, S., Li, Q., & Peng, K. (2019). Identifying psychological resilience in Chinese migrant youth through multidisciplinary language pattern decoding. *Children and Youth Services Review*, 107. <http://dx.doi.org/10.1016/j.childyouth.2019.104506>

Huang, C-C., Chen, Y., Cheung, S., Greene, L., & **Lu, S.**^ (2019). Resilience, emotional problems, and behavioral problems of adolescents in China: Roles of mindfulness and life skills. *Health & Social Care in the Community*, 27, 1158-1166. <https://doi.org/10.1111/hsc.12753>

Lu, S., Rios, J., & Huang, C-C. (2018). Mindfulness, emotion, and behaviour: An intervention study with Chinese migrant children. *Children & Society*, 32, 290-300. <https://doi.org/10.1111/chso.12256>

Lu, S., Deng, G., Huang, C-C., & Chen, M.* (2018). External environmental change and transparency in grassroots organizations in China. *Nonprofit Management & Leadership*, 28, 539-552. <https://doi.org/10.1002/nml.21305>

Lu, S., & Huang, C-C. (2018). Family foundation development in China: Two case studies. *The Foundation Review*, 10, 63-76. <https://doi.org/10.9707/1944-5660.1407>

Guo, Y., **Lu, S.**, Huang, C-C., Wang, Y., & Zhang, Y. (2018). Core competency education of social work students: An empirical assessment through scale development. *International Journal of Social Work*, 5, 58-78. <https://doi.org/10.5296/ijsw.v5i2.13470>

Vikse, J., **Lu, S.**, & Huang, C-C. (2017). Reducing income inequality: Taxation and philanthropy in China and the United States. *China Nonprofit Review*, 9, 84-107. <https://doi.org/10.1163/18765149-12341324>

Lu, S., Huang, C-C., & Rios, J. (2017). Mindfulness and academic performance: An example of migrant children in China. *Children and Youth Services Review*, 82, 53-59. <https://doi.org/10.1016/j.childyouth.2017.09.008>

Lu, S., Lin, Y-T., Vikse, J. H., & Huang, C-C. (2016). Well-being of migrant and left-behind children in China: Education, health, parenting, and personal values. *International Journal of Social Welfare*, 25, 58-68. <https://doi.org/10.1111/ijsw.12162>

Lu, S., Rios, J., & Huang, C-C. (2016). Mindfully sharing capital in modern China: Culture of giving and influence of Chinese philosophy. *China Nonprofit Review*, 8, 52-65. <https://doi.org/10.1163/18765149-12341305>

Xie, X., **Lu, S.**, & Huang, C-C., Wang, Y., & Pei, F. (2016). Administrative efficiency and donation of foundations in China. *Human Service Organizations: Management, Leadership, & Governance*, 40, 410-420. <https://doi.org/10.1080/23303131.2015.1131796>

Guo, Y., Findley, K., Huang, C-C., **Lu, S.**, & Wang, Y. (2016). Competency-based education: Evidence from social work postgraduates from five universities in China. *Asian Social Work and Policy Review*, 10, 280-294. <https://doi.org/10.1111/aswp.12096>

Huang, C-C., Vikse, J. H., **Lu, S.**, & Yi, S. (2015). Children's exposure to intimate partner violence and early delinquency. *Journal of Family Violence*, 30, 953-965. <https://doi.org/10.1007/s10896-015-9727-5>

Deng, G., **Lu, S.**, & Huang, C-C. (2015). Transparency of grassroots human service organizations in China: Does transparency affect donation and grants? *Human Service Organizations: Management, Leadership & Governance*, 39, 475-491. <https://doi.org/10.1080/23303131.2015.1076751>

Hu, H., **Lu, S.**, & Huang, C-C. (2014). The psychological and behavioral outcomes of migrant and left-behind children in China. *Children and Youth Services Review*, 46, 1-10. <https://doi.org/10.1016/j.childyouth.2014.07.021>

Huang, C-C., **Lu, S.**, Lin, Y-T., & Vikse, J. H. (2014). Effectiveness of government intervention in poverty and income inequality in China (1989-2009). *Social Policy Review*, 5, 107-122 (in Chinese).

Lu, S., Lin, Y-T., Vikse, J. H., & Huang, C-C. (2013). Effectiveness of social welfare programmes on poverty reduction and income inequality in China. *Journal of Asian Public Policy*, 6, 277-291. <https://doi.org/10.1080/17516234.2013.850226>

Book Chapters:

Lu, S., Lin, Y-T., Vikse, J. H., & Huang, C-C. (2015). Chinese migrant and left-behind children's well-being. In F. Wu & C-C. Huang (Eds.), *Comparative study of social policy in China and USA* (pp. 143-164). Beijing, China: Social Sciences Academic Press.

Pottick, K. J., **Lu, S.**, & Edwards, R. L. (2015). Emerging trends in global social work education: United States and China compared. In F. Wu & C-C. Huang (Eds.), *Comparative study of social policy in China and USA* (pp. 49-68). Beijing, China: Social Sciences Academic Press.

Pottick, K. J., Edwards, R. L., & **Lu, S.** (2013). The Development of Social Work Education in the United States. In Y. Zhao, C-C. Huang, R. Zhao, & R. L. Edwards. (Eds.) *The Comparative Study of Social Work Education in China and the United States* (pp. 1-12). Beijing, China: Social Sciences Academic Press.

Research Reports:

Isles, C., **Lu, S.**, & Huang, C-C. (2016). Development of family foundations in the United States and China: Case studies of four family foundations. *Huamin Research Center Research Report No. 28*.

Vikse, J. H., Huang, C-C., & **Lu, S.** (2015). Reducing inequality: Taxation and philanthropy in China and the United States. *Huamin Research Center Research Report No. 23*.

Huang, C-C., **Lu, S.**, Salib, J., Clark, M., & Sun, D. (2014). Development of charitable trusts in the United States. *Huamin Research Center Research Report No. 13*.

Salib, J., Li, M., Huang, C-C., & **Lu, S.** (2013). Charitable donations in the United States: Tax code and impacts. *Huamin Philanthropy Brochure Series No. 10*.

Edwards, R. L., Quincy, R., & **Lu, S.** (2012). Overview of nonprofit sector in the United States. *Huamin Philanthropy Brochure Series No. 3*.

Quincy, R., **Lu, S.**, & Huang, C-C. (2012). SWOT analysis: Raising capacity of your organization. *Huamin Philanthropy Brochure Series No. 2*.

Hixon, T., Huang, C-C., & **Lu, S.** (2012). Teen volunteering: Sharing our gifts and talents. *Huamin Philanthropy Brochure Series No. 1*.

Training/Practice Manuals:

Lu, S., Lyu, R.*, & Hu, H.* (2021). *Youth mindfulness training curriculum for school teachers* (manual & workbook). Hong Kong: Youth Well-being Lab.
<https://www.youthwellbeing.hku.hk/mindfulness-manual>

Lu, S., Lyu, R.*, & Hu, H.* (2020). *Mindful Families: Parent-Child Interaction program*. Hong Kong: Youth Well-being Lab. ISBN: 978-988-13978-4-3 (training manual), ISBN: 978-988-13978-5-0 (workbook)

Lu, S., Lyu, R.*, & Hu, H.* (2020). *Mindful families video series* (digital practice resource).
<https://www.youtube.com/watch?v=Pk2RjOVxsLQ&list=PLqkm8auOdUDHJ2B54bltksGf-50HKE-Pw>

Other Publication:

Lu, S., Huang, C-C., Hall, B., Demarzo, M., & Kirk, U. (in press). Editorial: Mindfulness and health. *Frontiers in Psychology*.

TALKS & PRESENTATIONS

As Conference Panel Organizer:

Migration and youth well-being: Mental health, education, family environment, and resilience. East Asian Social Policy (EASP) Research Network annual conference. Taipei. (Jul 2019)

Improving educational outcomes of children and youths from migrant families through research and policy. Association for Public Policy Analysis & Management (APPAM) annual research conference. Washington, DC. (Nov 2016)

Coping with unique challenges among migrant populations: Implications for social work. Council on Social Work Education (CSWE) annual program meeting. Atlanta, GA. (Nov 2016)

As Invited Speaker:

Lu, S. (May 2022). *Community-based intervention research with migrant youth and families in cross-cultural contexts.* University of Chicago, Crown Family School of Social Work, Policy, and Practice Doctoral Colloquium, Chicago, IL.

Lu, S. (Apr 2022). *Urbanization, migration, and youth mental health.* University of Chicago, Michael Davis Lectures, Chicago, IL.

Lu, S. (Jan 2022). *School-based socio-emotional intervention with migrant children using a mindfulness approach.* Yale University School of Medicine, Child Study Center, Early Stress and Adversity Consortium Seminar, New Haven, CT.

Wong, D.F.K., & **Lu, S.** (keynote, Oct 2021). *Hong Kong families in crisis: Enhancing family resilience during COVID-19.* Jockey Club Family Emotional Resilience Project Conference, Hong Kong. (virtual)

Lu, S. (Jan 2018). *Social impact bonds: An innovative and effective solution for social problem.* Forum on Global Welfare. National Chengchi University, Taipei.

Lu, S. & Rios, J. (Nov 2015). *Mindfully sharing in modern China: The wealthy giving and the influence of Chinese philosophy.* Conference on Philanthropy and Social Development in China. Rockefeller Brothers Fund, Tarrytown, NY.

Selected Peer-reviewed Presentations:

(* indicates student author/research staff under my supervision)

Wang, Y. *, & **Lu, S.** (Oct 2022). "Our little sweet family": A Photovoice project with children who are living with their grandparents due to parental migration. 30 Years of Photovoice conference (virtual).

Hu, H. *, Wang, Y. *, & **Lu, S.** (Jan 2022). Mindfulness, emotional well-being and sociocultural adaptation among Chinese migrant children: The mediating role of resilience. Society for Social Work and Research (SSWR) annual conference. Washington, DC.

Dai, X. *, & **Lu, S.** (Jan 2022). *A school-based mindfulness program for Chinese migrant children: A qualitative study on feasibility and effects.* Society for Social Work and Research (SSWR) annual conference. Washington, DC.

Lu, S., Lyu, R.* & Hu, H.* (Apr 2021). *Enhancing family wellness through parallel parent-child mindfulness intervention in a migrant community: A pilot study (poster)*. Society for Research on Child Development (SRCD) biennial meeting (virtual).

Dai, X.,* & **Lu, S.** (Apr 2021). *The effectiveness of mindfulness-based interventions on children's peer-related social competence: A systematic review and meta-analysis (poster)*. Society for Research on Child Development (SRCD) biennial meeting (virtual).

Lu, S., & Ng, S-M. (Jan 2021). *Building resilience through school-based mindfulness intervention with Chinese migrant children: Feasibility and acceptability*. Society for Social Work and Research (SSWR) annual conference (virtual).

Lu, S., Luo, H., Stewart, S., Zhu, S., & Lyu, R.* (Feb 2020). *interRAI Child and Youth Mental Health Screener (ChYMH-S) among Chinese migrant children: A validation study*. The 2nd World interRAI conference, Leuven, Belgium.

Lu, S., & Lyu, R.* (Jan 2019). *Youth psychosocial development in migrant families: Implications for community intervention (poster)*. Society of Social Work and Research (SSWR) annual conference. San Francisco, CA.

Lu, S., Huang, C-C., & Chen, Y.* (Jan 2019). *School-based socioemotional intervention in rural China: Implications for designing and implementing cultural-sensitive intervention research (poster)*. Society of Social Work and Research (SSWR) annual conference. San Francisco, CA.

Huang, C-C., **Lu, S.,** & Deng, G. (Jul 2018). *Donation of grassroots nonprofits: The impact of government grants, earned revenue, and fundraising*. The 13th International Conference of International Society for Third-sector Research (ISTR). Amsterdam, the Netherlands.

Lu, S. (Jul 2018). *School-based emotional and behavioral intervention among rural Chinese adolescents: Implications for policy and practice*. East Asian Social Policy (EASP) Research Network annual conference. Bristol, U.K.

Lu, S., Huang, C-C., Deng, G., & Lu, K.* (Jun 2018). *Holding nonprofits accountable through online transparency: Adopting agency and resource dependence theories*. Association for Research on Nonprofit Organizations and Voluntary Action (ARNOVA) Asia Conference. Hong Kong.

Lu, S. (Jan 2017). *Improving migrant child psychosocial and educational outcomes: A risk/resilience framework*. Society for Social Work and Research (SSWR) annual conference. New Orleans, LA.

TEACHING EXPERIENCE

University of Central Florida:

Social work research (MSW)

University of Hong Kong:

Human behavior and social environment I (BSW & MSW)
Introduction to social work (BSW)
Capstone in social policy & social development (undergraduate)
Research methods in human service (graduate)
Social development: China, Asia, and the world (undergraduate common core)
Social Development in Modern China (undergraduate elective)
Multi-level modeling in social science (PhD seminar, regular guest lecture)

Rutgers University:

Human behavior and the social environment (MSW)
Research I (MSW)
Study abroad: Social welfare system in China (Co-Instructor: Huang, C-C., BSW/MSW, 2014–2017)
Service learning abroad (Co-Instructor: Rios, J., summer field practicum, BSW/MSW, 2014–2017)
Aresty Research Center undergraduate research mentor program (Mentor, 2014–2016)

DISSERTATION SUPERVISION

Dissertations chaired:

Xiaolu Dai (PhD, expected 2023), Evaluating the impact of school-based mindfulness intervention on peer relationships among Chinese migrant children: The role of self-concept and self-concept clarity.

Renhui Lyu (PhD, graduated 2022), Mindfulness-based therapeutic parenting group (MTPG) for parents with adverse childhood experiences (ACEs): A randomized controlled trial.

Yihang Wang (PhD, expected 2024, chair 2020–22, co-chair 2023–24), Grandparental involvement and mental wellbeing among children from disrupted families: A mixed-methods study.

Hsin-Lien Hu (MSW dissertation, graduated 2021), Becoming a local: Acculturation in a new society of immigrants of Chinese ethnic groups married to Hong Kong citizens.

Uen Lok Mok (Master of Social Sciences dissertation, graduated 2019), The effects of animal-assisted therapy on psychosocial outcomes among children: A systematic review and in-depth interview.

Dissertation committees:

Ke Lu (PhD, graduated 2022), Circulated legitimacy: The microfoundations of scaling nonprofits.

Alhassan Abdullah (PhD, graduated 2022), Theorizing the measurement model and efficacy of informal social control of child neglect: A nationally representative study.

Temmy Lo (PhD, graduated 2021), Where is my body? Re-establishing first-person body perception among young and pre-elderly stroke survivors through expressive arts-based intervention.

Lingli Leng (PhD, graduated 2021), A mobile-delivered mindfulness-based intervention for women during perinatal period.

Dissertation examiner/reader:

Tsz Kin Ngai (PhD, graduated 2021), Development and evaluation of the CARing Kids: Animal assisted humane education programme for children in Hong Kong.

Jianli Xing (PhD, graduated 2021), The impacts of boarding on coping with school bullying in China.

Xi Zhao (PhD, graduated 2021), The divergent configuration and effectiveness of social safety net: Quantitative and qualitative studies of policy tools and low-income family process in China.

Feng Li (PhD, graduated 2020), A comparison study of suicides between the locals and internal migrants in China.

Christine Chiu (PhD in clinical psychology, graduated 2020), The social causes and consequences of reduced autobiographical memory specificity.

Xinfeng Tang (PhD, graduated 2020), Development and evaluation of a universal prevention program for depressive symptoms in Chinese adolescents.

Qiuyuan Xie (PhD, graduated 2019), Resilience in Chinese migrant women in Hong Kong: Conceptualization, measurement, and association with adaptation outcomes.

Xunyu Xiang (PhD, graduated 2018), Learning together: Exploring organizational learning in the Chinese nonprofit sector.

ACADEMIC SERVICE

Professional Organizations/Editorial Boards:

2/2023–1/2026	Director-at-Large, Society for Social Work and Research (SSWR)
11/2022–	Associate Editor, <i>Mindfulness</i>
4/2021–1/2023	Special Issue Co-Editor: Mindfulness and Health, <i>Frontiers in Psychology</i>

Proposal Reviewer:

2020–	Society for Social Work and Research (SSWR) annual conference
2020–	Society for Research in Child Development (SRCD) biennial conference
2017	Council on Social Work Education (CSWE) annual program meeting

Ad hoc Reviewer:

Asia Pacific Education Review
Children and Youth Services Review
Child & Family Social Work
Family Relations
International Social Work
Journal of Affective Disorders
Journal of Child and Family Studies
Journal of Child Health Care
Journal of Rural Studies
Mindfulness
Nonprofit and Voluntary Sector Quarterly
Psychology and Health

University of Hong Kong:

9/2022–12/2022 Deputy Program Director, Master of Social Sciences (Behavioral Health)
9/2021–8/2022 Program Committee Member, Master of Social Sciences (Behavioral Health)
3/2021–12/2022 Executive Committee Member, Center on Behavioral Health
1/2021–12/2022 Equal Opportunity Advisor, Department of Social Work and Social Administration
2019–2021 Program Director, Faculty of Social Sciences Summer Program
4/2019–1/2020 Acting Program Director, Bachelor of Social Sciences (Social Policy & Social Development)
9/2018–12/2022 Director, Youth Well-being Lab
9/2018–12/2022 Student Academic Advisor, Faculty of Social Sciences
9/2018–8/2019 Board of Examiners, Master of Social Sciences (Social Work)
9/2017–12/2022 Program Committee Member, Master of Nonprofit Management
9/2017–8/2021 Program Committee Member, Bachelor of Social Sciences (Social Policy & Social Development)
9/2017–12/2022 Board Member, Faculty of Social Sciences

MEDIA COMMENTARY

The Economist (4/8/2021): In grandpa's charge: The plight of China's "left-behind" children,
<https://www.economist.com/china/2021/04/08/the-plight-of-chinas-left-behind-children>
Asia Global Online (2/27/2020): Charity scandals – or public welfare failure?
<https://www.asiaglobalonline.hku.hk/charity-scandals-or-public-welfare-failure>
Inkstone (1/25/2019): China's left-behind children,
<https://www.inkstonenews.com/society/inkstone-index-chinas-left-behind-children/article/3000597>

PRACTICE EXPERIENCE

9/2015–9/2016 **Clinician (part-time)**, *Rios and Associates Therapeutic Solutions, LLC, NJ*
9/2013–5/2016 **Project Manager & Field Supervisor**, *Huamin Research Center, Rutgers University School of Social Work, NJ*
2013–2017 **Program Coordinator**, *Rutgers Summer International Field Practicum, NJ*
9/2012–5/2013 **Social Work Intern**, *Huamin Research Center, Rutgers University, NJ*

9/2011–5/2012 **Social Work Intern**, *Center for Nonprofit Management and Governance, NJ*

QUALIFICATIONS

9/2017–8/2023 Registered Social Worker, Hong Kong
10/2013–8/2017 Licensed Social Worker, New Jersey
4/2019 Mindfulness-Based Stress Reduction (MBSR) Qualified Teacher
 University of Massachusetts Medical School, Center for Mindfulness
6/2014 Certified BSW & MSW Supervisor
 Rutgers University Office of Field Education

PROFESSIONAL AFFILIATIONS

2019– American Psychological Association
2019– Society for Research in Child Development
2018– International Society for Third-Sector Research
2015– Society for Social Work and Research
2018–2021 East Asian Social Policy Research Network
2015–2019 Association for Public Policy Analysis & Management
2014–2017 Council on Social Work Education
2013–2018 Association for Research on Nonprofit Organizations and Voluntary Action