

Center for Behavioral Health Research and Training (CBHRT)



CBHRT HIGHLIGHTS:

- Seed grants of an estimated total of \$50,000 awarded to interdisciplinary research teams (2019-2021)
- Student research assistants available to UCF research faculty

VISION

To foster collaborative partnerships and the cross-fertilization of mental health professionals, healthcare providers, and behavioral health researchers to create cutting-edge solutions that improve the health and well-being of diverse populations

MISSION

To expand expertise and scientific discovery in evidence-based prevention and clinical- and population-based research to improve best practices and behavioral health outcomes for local, national, and global communities

healthprofessions.ucf.edu/socialwork/center



UCF SCHOOL OF SOCIAL WORK'S

CENTER FOR BEHAVIORAL HEALTH RESEARCH & TRAINING

The Center for Behavioral Health Research and Training (CBHRT), established in spring 2017, is the first center established in the School of Social Work and the newest center established in the College of Health Professions and Sciences at the University of Central Florida.

WHAT WE DO

The CBHRT links practitioners and agencies with university researchers to conduct relevant and timely behavioral health evaluation and intervention research. The CBHRT also provides mentoring and research training support for graduate students, postdoctoral fellows, and junior scientists in cutting-edge behavioral health research and practices.

Services

- Facilitate direct, professional training and core support on behavioral health topics
- Support service providers with program evaluations and implementation of research to assess and monitor outcomes
- Supply service providers information on research evidence to apply to their local practices
- Provide support in data collection and analysis

LEARN MORE

Center for Behavioral Health Research and Training (CBHRT)

CBHRT CO-DIRECTORS:



Kim Gryglewicz, Ph.D., MSW
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Her research focuses on health and mental health, with an emphasis on suicide prevention. She serves as an associate professor for UCF School of Social Work and has a secondary joint appointment with the Department of Population Health Sciences in the UCF College of Medicine.



Susanny Beltran, Ph.D., MSW
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Her research focuses on end-of-life care and healthcare disparities among racial/ethnic minority adults. She serves as an assistant professor in the UCF School of Social Work.

SEED GRANTS INITIATIVE

The UCF School of Social Work CBHRT awards interdisciplinary teams competitive stipends to conduct pilot research. Teams are encouraged to check the website periodically for opportunities.

FOR MORE INFORMATION:

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SERVING OUR COMMUNITY THROUGH BEHAVIORIAL HEALTH RESEARCH AND INITIATIVES

Faculty members associated with the CBHRT conduct training and research in a variety of behavioral health topics aligned with Florida's State Health Improvement Plan (SHIP).

Topics We Are Engaged In

- » Animal-Assisted Therapies
- » Black Deaf Feminism
- » Child Welfare Organizations & Policies
- » Culturally Responsive Research & Treatment
- » Divorce & Intimate Partner Violence
- » Dementia Caregiving
- » Elder Care
- » Family & Community Violence
- » Healthcare Access
- » Health/Mental Health
- » Human Subjects Research & Protections
- » Mental Health Service Utilization
- » Military Mental Health
- » Obesity & Stigma
- » Person-Centered Care
- » Primary Prevention
- » Substance Abuse
- » Violence Against Women
- » Refugee Mental Health & Psychosocial Well-being
- » ... and MORE!



Get Involved in the Center

Students can collaborate on meaningful research at the Center by becoming a *Graduate Research Assistant (GRA)*. For research support, GRAs can be assigned to UCF faculty and research teams to assist on multidisciplinary research projects. GRAs are competitively selected and may work a maximum of 3 weeks, 10 hours per week.

"I have been able to work alongside researchers on some great grants. It's exciting to learn from experts who are not only passionate about the research, but also the results."
- Serenea Hines, Online MSW student & GRA



INTERESTED IN COLLABORATING ON RESEARCH?

Scan the QR code for a full list of researchers you can collaborate with or visit:

<https://healthprofessions.ucf.edu/research/social-work/>

