

Master of Athletic Training Degree Transition – Advising

Relevant Bachelor’s Degrees: There is not a certain bachelor’s degree required by the MAT program; rather students should seek a bachelor’s degree that is relevant (health, science, exercise science, etc.) and provides the opportunity to complete the prerequisite courses and other admissions requirements. Some suggestions are provided below.

Suggested Major	Pros	Cons
<p>Health Sciences</p> <p>College of Health Professions and Sciences</p> <p>Advising: https://healthprofessions.ucf.edu/healthsciences/advising/</p>	<ul style="list-style-type: none"> • Most of the MAT prerequisite courses are included in this major (as GEP, core or electives) • This major is very versatile as it has course options that prepare students to meet the admission requirements for several health professions (MAT, MD, PT, PA, AT, DC, etc). 	<ul style="list-style-type: none"> • This major is primarily designed to prepare students to enter graduate programs in the medical and health professions. It is not primarily designed to give students a specific skill or credential for employment. • Students would need to take Exercise Physiology and Biomechanics/Kinesiology on top of this degree program – can ask if they will allow as elective.
<p>Sport and Exercise Science</p> <p>College of Health Professions and Sciences</p> <p>Advising: https://healthprofessions.ucf.edu/undergraduate/</p>	<ul style="list-style-type: none"> • All of the MAT prerequisite courses are included in this major (as GEP, core or electives). 	<ul style="list-style-type: none"> • This major is not focused on medicine/ health professions – it is more focused on fitness/wellness/sport performance.
<p>Interdisciplinary Studies</p> <p>College of Undergraduate Studies</p> <p>Advising: https://www.is.ucf.edu/</p>	<ul style="list-style-type: none"> • This major allows student a great deal of flexibility to design an educational path that meets their needs. 	<ul style="list-style-type: none"> • Students would need to take great care to include the MAT prerequisite courses in their plan and select minors that assist them with their goals.
<p>Health Services Administration</p> <p>College of Community Innovation and Education</p> <p>Advising: https://ccie.ucf.edu/academics/student-affairs/</p>	<ul style="list-style-type: none"> • The skills acquired in this major are helpful to an athletic trainer in any practice setting. <p>**Note: There is an HSA minor that could be combined with any of the other majors.</p>	<ul style="list-style-type: none"> • Few of the MAT prerequisite courses are included in this major. • This major is not focused on medicine/ health professions – it is more focused on healthcare administration.
<p>Science Education (Biology, Chemistry or Physics)</p> <p>College of Education</p> <p>Advising: https://ccie.ucf.edu/academics/student-affairs/</p>	<ul style="list-style-type: none"> • Some of the MAT prerequisite courses are included in this major (as GEP, core, or electives). • This major would be good for someone who intends to be an AT in a secondary school. Many positions like this require teacher certification. 	<ul style="list-style-type: none"> • This major is designed for students to become teachers – it is science focused, but not medically focused.