



## Planned Program of Study – Master of Science in Sport and Exercise Science

A Program of Study for students seeking a master’s degree should be on file with the College of Graduate Studies by the end of the second major term of enrollment (based on full-time enrollment)

Please Check as Appropriate:  New Program of Study  Revised Program of Study

### STUDENT INFORMATION

Student’s (PID):

Last Name: \_\_\_\_\_ First Name: \_\_\_\_\_

Admit Term: \_\_\_\_\_ Requirement Term: \_\_\_\_\_

College: \_\_\_\_\_ Degree Program/Track: \_\_\_\_\_

Advisor: \_\_\_\_\_

Total Hours Required for Degree Program: \_\_\_\_\_

Total Hours in Program of Study: \_\_\_\_\_

### CORE COURSES 15 HRS. REQUIRED

| Prefix     | Number | Course Title  | Term/Year | Hours | Grade | Course Sub (Y,N) | Transfer Credit (Y,N) | Transfer Institution |
|------------|--------|---|-----------|-------|-------|------------------|-----------------------|----------------------|
| EDF        | 6481   | Fundamentals of Graduate Research in Education          |           | 3     |       |                  |                       |                      |
| PET        | 5355   | Exercise and Health                                     |           | 3     |       |                  |                       |                      |
| PET        | 6376   | Sport Nutrition   |           | 3     |       |                  |                       |                      |
| PET        | 6389   | Physiological Aspects of Sport and Training             |           | 3     |       |                  |                       |                      |
| PET        | 6515   | Assessment and Evaluation in Sport and Exercise Science |           | 3     |       |                  |                       |                      |
| Total Hrs: |        |   |           | 15    |       |                  |                       |                      |

### ELECTIVES 15-18 HRS. REQUIRED (see below for a list of electives)

| Prefix     | Number | Course Title | Term/Year | Hours | Grade | Course Sub | Transfer Credit (Y,N) | Transfer Institution |
|------------|--------|--------------|-----------|-------|-------|------------|-----------------------|----------------------|
|            |        |              |           |       |       |            |                       |                      |
|            |        |              |           |       |       |            |                       |                      |
|            |        |              |           |       |       |            |                       |                      |
|            |        |              |           |       |       |            |                       |                      |
|            |        |              |           |       |       |            |                       |                      |
|            |        |              |           |       |       |            |                       |                      |
|            |        |              |           |       |       |            |                       |                      |
| Total Hrs: |        |              |           | 15-18 |       |            |                       |                      |



**NON-THESIS OPTION - 3-6 HRS.** (Students select one of the following courses)

| Prefix     | Number | Course Title                 | Term/<br>Year | Hours  | Grade |  |  |  |
|------------|--------|------------------------------|---------------|--------|-------|--|--|--|
| PET        | 6910   | Problem Analysis             |               | 3      |       |  |  |  |
| PET        | 6946   | Practicum, Clinical Practice |               | 3 to 6 |       |  |  |  |
| Total Hrs: |        |                              |               | 6      |       |  |  |  |

**THESIS OPTION 6 HRS. REQUIRED** (Students selecting the thesis option will take EDF 6401)

| Prefix     | Number | Course Title | Term/<br>Year | Hours | Grade |  |  |  |
|------------|--------|--------------|---------------|-------|-------|--|--|--|
| PET        | 6971   | Thesis       |               | 6     |       |  |  |  |
| Total Hrs: |        |              |               | 6     |       |  |  |  |

**SIGNATURES**

Student Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Advisor Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
 Program Coordinator Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**COLLEGE OF GRADUATE STUDIES USE**

Comments:

**Electives**

- PET 6096 Youth Physical and Athletic Development
- EDF 6401 Statistics for Educational Data
- PET 6357C Environmental Perturbation and Human Performance
- PET 6366 Exercise, Nutrition and Weight Control
- PET 6381 Physiology of Neuromuscular Mechanisms
- PET 6388 Cardiovascular Physiology
- PET 6521 Exercise Physiology Instrumentation
- PET 6690 Exercise Prescription for Special Populations
- PET 6363 Dietary and Nutritional Supplementation for Athletic Performance
- PET 6395 Program Design in Strength and Conditioning
- PET 7387 Exercise Endocrinology
- PET 7535 Research and Experimental Design in Exercise Physiology